

For non-Japanese people affected by COVID-19

FRESC Help Desk

The FRESC Help Desk accepts consultations by phone from non-Japanese people who have lost their jobs or whose lives have otherwise been affected by COVID-19.

We can tell you about help that is available to you, and what you need to do to stay resident in Japan. Please give us a call if you are having any problems.

Start Date

September 1, 2020 (Tuesday)

Days and Time

Days : Monday to Friday

Time : 9:00 a.m. to 5:00 p.m.

(Closed on Saturdays, Sundays, or public holidays)

Languages

14 languages including Japanese, Vietnamese, Chinese, and English
(Tiếng Việt) (中文)

Telephone (Free Dial)

0120-76-2029



しゅつにゆうこくざいりゆうかんりちょう

出入国在留管理庁

がいこくじんざいりゆうしえん

フ レ ス ク

外国人在留支援センター (FRESC)

<http://www.moj.go.jp/nyuukokukanri/kouhou/fresc01>

